**Gastric Bypass discharge protocol**

**Significant Treatment Whilst in Hospital, Operations and Procedures**
19/11/2020: laparoscopic gastric bypass. No intraoperative difficulties. Blue dye test fine.

**Patient Advise**
PATIENT ADVICE:

No solid tablets or capsules for the first 6 weeks post-op
Avoid non-steroidal anti-inflammatory painkillers post-op
Allow any effervescent medication to completely dissolve/ cease fizzing prior to taking
Crushed sertraline tablets may produce a local anaesthetic effect. Avoid taking with hot food and drink

**Future Management Plan/Follow Up** - Bariatric F/U

**Action/Information for Primary Care, including the arrangement of community or other services**
Lansoprazole dispersible for the first 6 weeks post-op then please continue with a PPI of your choice for a total of 3 months. Please note that due to the nature of the bypass surgery, there is potential for the absorption of medication to be affected postoperatively. If the effectiveness of any long term therapies appear to change, this should be considered as a potential factor. The pharmacokinetics of levothyroxine may be altered post-operatively. Close monitoring of plasma thyroid-stimulating hormone and T4 levels is strongly advised.

**Medicines Reconciliation: Document all medication started, changed or stopped with the reasoning**
-PPI - for 3 months total (first 6 weeks dispersible - BD as on admission)
-Cacit D3 sachets (cacit chosen due to superior absorption) and ferrous fumarate - ongoing supplementation
-Short term analgesia and anti-sickness medication
-Enoxaparin for 2 weeks post-op as DVT prophylaxis
-OTC chewable multivitamins as directed instead of forceval caps
IM Hydroxocobalamin every 3 months
-Semaglutide stopped post-op
>100Kg at POAC (12/11/20)

**Allergies and Sensitivities**
NKDA
AVOID NSAIDS POST-OP

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| **TTA Drug** | **Dose** | **Frequency** | **Route** | **Duration - in days** | **Drug Status** | **Source** | **Signatory** | **Amended** |
| Enoxaparin sodium 40mg/0.4ml solution for injection pre-filled syringes | 40mg (upto and inc AM dose on 3/12/20) | Twice Daily | Subcutaneously | 14 days post-operatively | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Lansoprazole orodispersible tablets | 30mg | Twice Daily | Orally | Switch to caps after 6 weeks (Total of 3 months) | Altered Medication | Pharmacy | nbf1473 | nbf1473 |
| Paracetamol 500mg soluble tablets | 500mg to 1g | Four times a day when required for relief of pain | Orally | R/v in 7 days | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Codeine | 30mg to 60mg (Crush) | Four times a day when required for relief of pain | Orally | R/v in 7 days | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Tablet crusher | . | As directed | Orally | . | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Ondansetron 4mg orodispersible tablets | 4mg (Up to three times daily) | When Required | Orally | As needed | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Colecalciferol 440unit / Calcium carbonate 1.25g effervescent granules sachets (Cacit D3) | One sachet (AM + PM) | Twice Daily | Orally | Ongoing | New Medication | Pharmacy | nbf1473 | nbn1864 |
| Ferrous fumarate 140mg/5ml oral solution sugar free | 10mL (Noon) | Once Daily | Orally | Ongoing | New Medication | Pharmacy | nbf1473 | nbn1864 |